

# Dietary Requests

---

Our Dietary Department is aware that people with special dietary needs must be cautious about the foods they consume. Our Dietary Department cannot know the severity of a guest's food allergy. Every day, our kitchen prepares a variety of foods that include flour, nuts, dairy, fish, etc. We cannot guarantee the prevention of cross-contamination during the preparation and cooking process, as we do not have space for an allergy-free area.

## We Provide:

- Vegetarian Options
- Vegan Options
- Limited Gluten-Free Options (cannot guarantee cross-contact with other items)
- Limited Dairy-Free Options (cannot guarantee cross-contact with other items)

## We Offer:

- Sugar-free or no added sugar desserts at the noon meal
- Fresh fruits at all meals
- Low-Sodium: We do not add salt when cooking and try to purchase foods with lower sodium content when available. Please note we do purchase and serve processed foods on occasion that could have higher sodium content.

## Notes:

- We cannot purchase special or specific food items.
- Often personal food preferences influence how we eat or food items we choose to eat. Dietary Services will do our best to provide food options, but we are not structured to cook for individuals or prepare individual meals. Our goal is to cook a variety of food items for all that we serve.